

CAVOTAGOO
MYKONOS

SPA MENU

Dear Guest,

Welcome to our Spa, a place devoted to overall well-being. Our highly trained and experienced staff invites you to re-discover your five senses and experience a fusion of Thai and other international massages, face and body treatments that will take away the tension from your body, will calm your mind and will renew your spirit. Enjoy the journey to a unique Cavo Tagoo Spa experience

**Warm regards,
The Cavo Tagoo Spa Team**

TREATMENT MENU BY SISLEY PARIS

FACIALS

Summer Renewal Ceremony | The Sisley Signature Massage

1 hr – 190 € | 1 hr 30min - 250€

Relaxing and redensifying The Sisley Signature Facial is an exclusive, multi-sensory journey that combines exceptional products with a unique massage ritual to remodel the skin. By expertly working each facial muscle, this treatment delivers an immediate lift and erases signs of fatigue, leaving the complexion revitalized, supple, and glowing with youth. It is more than a facial; it is a timeless escape that melts away tension to rejuvenate both your face and your mind.

Calm After the Sun | The Sisley Soothing Signature Facial

1 hr – 170€

Calming and soothing with a Kabuki Brush Massage.

The Sisley Soothing Facial is a 60-minute escape designed to disconnect your skin from the world through a delicate, ultra-gentle protocol. Ideal for sensitive or sun-exposed skin, this treatment utilizes a unique Kabuki brush massage to melt away tension and restore calm. The result is a visibly brighter, more even complexion and a profound sense of relaxation for both face and mind.

The Eye Awakening | Rejuvenating Eye Treatment (Add-On)

30min – 70€

Complete your facial with exclusive eye gestures and accessories.

TREATMENT MENU BY SISLEY PARIS

Eternal Summer Lift | The Sisleya L' Integral Anti-Ageing Facial

1 hr 30min – 250€

Smoothing and firming with Ginkgo Gua Sha Massage

The Sisleya Facial is a 90-minute advanced treatment that pairs sophisticated massage techniques with the Ginkgo Gua Sha tool for total skin rejuvenation. By stimulating key meridian points, this ritual improves circulation and drainage to smooth wrinkles and firm the epidermis. Available in three versions tailored to your specific skin type, it leaves the complexion toned, resilient, and visibly younger.

Island Seduction Glow | The Black Rose Youthful Radiance Facial

1 hr 30min – 250€

Plumping and smoothing with Pink Quartz Stones Massage

The Black Rose Facial is a timeless journey of well-being that uses a natural rose scent to relax the face and reveal the skin's inner radiance. This gentle treatment smooths features and erases signs of fatigue, leaving the complexion fresher, replumped, and visibly younger.

TREATMENT MENU BY SISLEY PARIS

SISLEY BODY TREATMENTS

Smooth Aegean Skin | The Exfoliating Body Treatment

30min – 70€

Toned and renewed skin

This unique exfoliating treatment combines the efficiency of aromatherapy with an invigorating body scrub. It is highly recommended before any other body treatment.

Ultimate Cycladic Zen | The Zen Harmony Body Treatment

1 hr – 190 € | 1 hr 30min – 250€

Reinvigorating and anti-stress

This is an energetic ritual for the body, choreographed like a musical score, blending deep pressure, rhythmic friction, and targeted movements.

Addressing every part of the body with specialized techniques, this sensory whirlwind invites you to discover new sensations while restoring total harmony.

Soft Island Veil | The Hydrating Energizing Body Treatment

1 hr – 190 € | 1 hr 30min – 250€

Ultimate relaxation & well-being

The Hydrating Energizing Body Treatment is an aromatic journey that leaves no part of the body neglected, blending varied intensities and techniques for total regeneration. This deeply hydrating massage melts away stress, offering an extremely relaxing experience that restores both skin and spirit.

CAVO TAGOO SIGNATURE RITUALS

A holistic spa journey inspired by the energy of Mykonos

Top 2 Toe by Cavo Tagoo

120min | 250€

A unique multi sensory experience that takes care of your whole body. The treatment starts with a mini body scrub that helps the body remove the old skin cells and continues with a full body holistic massage with almond oil combined with essential oils that will help your body relax completely. Followed by a head massage to calm the nervous system, the experience ends up with a facial treatment for extra hydration and glow.

Detox Spa Ritual

90min | 180€

A full body and face treatment for detoxification, hydration and rejuvenation. Starting with a detoxifying body scrub and finishing with our detox facial, a specialised treatment that combats environmental pollution and aims to restore the freshness and brightness of the skin.

Holistic Beauty Care

90min | 180€

Indulge in a deeply rejuvenating Spa Ritual designed to restore both body and skin. This experience begins with a 60-minute relaxing massage that melts away tension, eases muscle fatigue, and promotes a profound sense of calm. It is followed by a 30-minute hydrating facial that replenishes moisture, enhances radiance, and leaves your skin feeling refreshed and revitalised. The perfect combination of relaxation and hydration for complete well-being.

BODY MASSAGES

Aroma Calming Massage

60min | 140€ or 90min | 180€

Relax and unwind with our soothing Relaxing Massage, designed to melt away stress and restore inner balance. Gentle, flowing techniques ease muscle tension, improve circulation, and calm the mind. Enhanced with carefully selected essential oils, this soothing treatment calms the senses and encourages profound relaxation.

Deep Tissue Massage

60min | 140€ or 90min | 180€

As it is revealed by its name this is a massage that penetrates into the deeper layers of the muscles. Using the pressure of fingers, forearms and elbows this type of massage will help you alleviate pain, remove stress and give the sense of the deepest relaxation that your body needs.

Detox Massage

60min | 140€

Offer your body a natural detoxification. This massage is designed to help rid the body of toxins and promote an overall physical and mental well being sensation. Precious marine ingredients stimulate the lymphatic and vascular system, activate metabolism, soothe and moisturise the skin.

Thai Massage

60min | 160€ or 90min | 200€

This philosophy of this massage originated in Thailand combines pressures and stretching over the whole body, using fingertips, elbows and forearms. The movements along the meridians (the energy lines) of the body, release tension and stress of the muscles and joints, and at the same time help the mind to calm. Enjoy the exceptional massage and feel the serenity and relaxation through your body, spirit and soul.

Back - Neck - Shoulders

30min | 70€

Back & Neck massage is a deeply relaxing massage focusing on stress release, muscle relief from tension in all areas around the neck and across the back. This massage relieves stress and headaches, improves circulation and posture while it counterbalances the sitting posture of everyday life.

Head Massage

30min | 70€

An ancient therapeutic practice used in India for over 2000 years. Coconut oil is used to massage the scalp and nourish the hair. A very useful technique to prevent headaches, reduce stress and promote better sleep.

Foot Massage

30min | 70€

Your feet carry you through every step of your day-treat them to the ultimate indulgence with our rejuvenating Foot Massage. This luxurious therapy is inspired by traditional Thai techniques, designed to improve blood circulation, awaken tired muscles, relieve tension, and infuse your legs with renewed freshness and vitality. Let your feet relax, your body unwind, and your senses be pampered in a blissful spa experience.

Face Lifting Massage

30min | 90€

A rejuvenating Face Lifting Massage using traditional gua sha tools to sculpt, tone and stimulate natural collagen production. This treatment enhances circulation, reduces puffiness, and promotes a visibly firmer, radiant complexion. Enhanced with Hot & Cold Hammer therapy to boost lifting results and restore skin vitality.

BEAUTY TREATMENTS

Nail Treatments

We provide you a variety of nail services as we are collaborating with YouNails. For more information you can check the nails menu in the spa area.

Hair Treatments

We provide you with a variety of services as we are collaborating with Aggelopoulos Hair Company, experts in Brazilian Keratin Treatments. For more information you can check the hair menu in the spa area.

COMPLIMENTARY FACILITIES

Fitness area (in-house guests)

The gym is open 24 hours to our guests.

Sauna & Steam Room: you will find these complementary offered facilities inside the spa area. You need to make a reservation (at least 20 minutes in advance) with the spa reception in order to use them. You can combine them before or after your treatment for better results. Operation hours: 10.00 to 21.00.

SPA ETIQUETTE

Operation Hours:

The spa is open from 10.00 to 21.00. You can contact the spa reception from your room by calling directly 600.

Arrival

So many things in life are rushed – we'd like to make sure your treatment isn't one of them! That's why we ask that you arrive about 15 minutes early for your appointment so we can make sure that you are comfortable, take your time to complete the medical history form and start your treatment on time. Time lost through late arrival will result in a shortened or cancelled treatment without refund.

Cancellation Policy

We know that things pop up, so we offer you the freedom to cancel your reservation at NO charge up to two hours (2h) before your appointment. A cancellation fee of 50% of your treatment cost will be applied one hour (1h) before, and in case of NO show the full price will be charged.

Valuables

The spa is a place to leave the world behind – and that includes your valuables! We recommend that you leave your jewellery, cash, watches, mobile phones or other valuables items in your room for safekeeping. We are not responsible for the loss or damage of your personal belongings.

Clothing

This is one place you won't have to worry about a dress code! However clothing is mandatory. So just arrive in your casual and comfort clothes and we will provide you with a robe, slippers and disposable underwear in your treatment room. A locker will be provided to you for your personal belongings.

Younger Guests

The age limit for use of the spa facility is over 16 years old.

Thank you
The Cavo Tagoo Spa Team

CAVO TAGOO SPA

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